

TEACHER-LED DISCUSSION QUESTIONS

HARBOR SEASON 6, EPISODE 29: CHANGE

THERE'S A LOT OF CHANGE WE CAN'T CONTROL, AND WE SPEND A LOT OF TIME WORRYING ABOUT IT. BUT THERE ARE ALSO ELEMENTS OF CHANGE WE CAN CONTROL, AND THERE'S A LOT WE CAN DO ABOUT THEM.

Discussion prompts: What is an example of change you can't control? Do you worry about it? How does that worry affect you? What is an example of change you can control, and how would you do that?

THE STORIES OF PEOPLE WHO CHASE CHANGE ARE GOING TO BE VERY DIFFERENT THAN THOSE WHO DON'T, AND THE FIGHT FOR CHANGE IS HARD BUT WORTH IT.

Discussion prompts: Think of people in your school who are working hard to make change. How is the story of their school experience going to be different from yours? What will it have in common with yours?

MIKE SAYS, "DON'T BE AFRAID TO LET PEOPLE SEE WHO YOU ARE." BUT ALSO, "YOU CAN CONTROL THE PROCESS OF CHANGING WHO YOU ARE – START SMALL AND CHANGE THE THINGS YOU CAN CONTROL."

Discussion prompts: Why do we sometimes hide who we are (in the context of making change)? Why do you think he believes that letting people see who we are is essential to the process of making change? Do we need to honestly see who we are in order to see what we want to change about ourselves?

MIKE ENCOURAGES THE "MISFITS" AND THOSE WHO WANT TO CHANGE A CULTURE TO TRUST THEIR VISION AND NOT BE DETERRED BY OTHERS WHO MISUNDERSTAND OR RESIST CHANGE.

Discussion prompts: Are misfits and those who want to change a culture the same people, in your experience? Do they have the same motivations and skills? How are they alike, and different? Do you agree with Mike that the journey of making change is lonely?

"THE YOUNGER GENERATION ISN'T JUST HOPING FOR CHANGE. THEY'RE DEMANDING IT."

Discussion prompts: Do you agree that your generation is more motivated and/or prepared to demand change? What kinds of change have you seen being advocated for? What do you think is different about your generation that could make change more likely than in the past? Why do you think your generation might demand change in ways previous generations could not?

MIKE SAYS, "DON'T BE SCARED OF CHANGE. GET GOOD AT IT."

Discussion prompts: Do you agree that a lot of people are scared of change? What would being "good at change" look like - what qualities would someone have who is good at change? What are some ways that being good at adapting to change would be beneficial in life?



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